INSIDER'S GUIDE TO

DISCOVER A CITY WHERE THE APPEALS ARE ENDLESS

Weldome

A MESSAGE FROM BENNETT JONES

The vibrant and dynamic metropolis of Toronto will welcome the legal world at the **2025 IBA Annual Conference**. The city's bustling energy will be on full display and we look forward to meeting our IBA colleagues and building new relationships throughout the event.

In this guide, we offer some practical tips on where to stay and what to do as you travel to Canada's largest city next year.

Toronto is one of the most multicultural cities in the world. Over 180 languages are spoken and almost half the population was born outside of Canada.

A global centre of business, finance, technology and innovation, Toronto is the capital of Canada's most populous province. The Toronto Stock Exchange is the tenth largest in the world and the city is home to more corporate headquarters than anywhere in Canada. Bennett Jones' Toronto office is located at the very centre of the thriving Financial District.

Toronto has world-class dining, entertainment and cultural scenes. Bennett Jones will be hosting events during the conference and we hope you can join us as we share the best of our diverse and cosmopolitan city.





DOMINIQUE T. HUSSEYChief Executive Officer

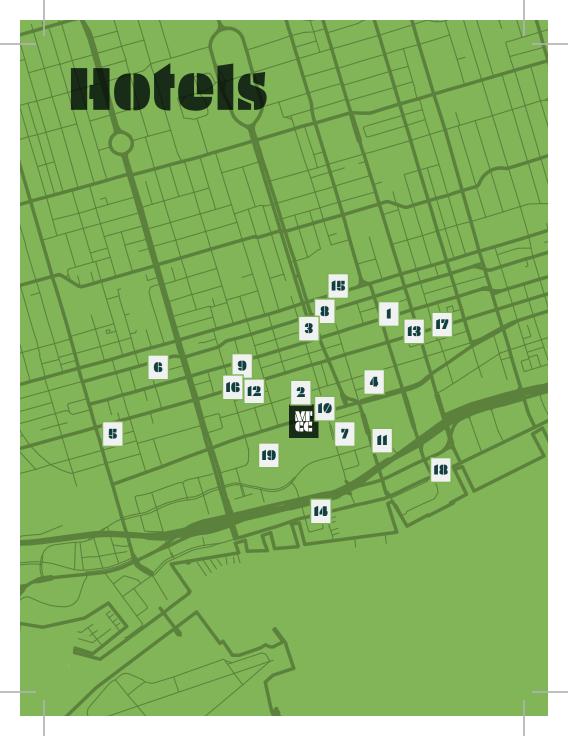
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Looking for verdict-worthy recommendations?
Keep an eye out for hidden gems from our partners.

The IBA Annual Conference sessions will be held at the:







- The St. Regis Toronto
 325 Bay St.
- **The Ritz-Carlton**181 Wellington St. W.
- **3** Shangri-La 188 University Ave.

- Fairmont Royal York
 100 Front St. W.
- 1 Hotel
 550 Wellington St. W.

- 6 Ace
 51 Camden St.
- **7 Delta Toronto**75 Lower Simcoe St
- Hilton Toronto
 145 Richmond St. W.
- Hyatt Regency Toronto
 370 King St. W.
- InterContinental Toronto
 Centre

 225 Front St. W
- Le Germain Toronto
 Maple Leaf Square
 75 Bremner Blvd.
- Le Germain Toronto Mercer 30 Mercer St.

- One King West
- Radisson Blu Toronto
 Downtown
 249 Queens Quay W.
- Sheraton Centre Toronto
 123 Queen St. W.
- Sutton Place Toronto 355 King St. W.
- The Omni King Edward 37 King St. E.
- The Westin Harbour Castle
 1 Harbour Square
- **Toronto Marriott City Centre**One Blue Jays Way

Breakfast

ALL RESTAURANTS ARE ALSO OPEN FOR LUNCH AND DINNER

FOOD Maple syrup, a quintessential Canadian delicacy, is made from the sap of maple trees and boasts a rich, sweet flavor that enhances everything from pancakes to savoury dishes. Harvested in the spring, it's a natural, golden syrup loved for its deep, caramel-like taste and is a symbol of Canadian culture.

- **1 Kitchen** (inside 1 Hotel) A farm-to-table experience that features ingredients sourced from local farms, with a focus on sustainable and organic cuisine
- **Azure** (inside the InterContinental) A stylish restaurant which specializes in seasonal dishes, offering a menu inspired by coastal cuisines from around the world
- **Bosk** (inside the Shangri-la) A contemporary restaurant that offers a sophisticated dining experience
- **Café Landwer** (University & Adelaide location) Mediterranean-inspired cuisine with multiple sites across Toronto, including brunch options
- **Reign** (inside The Fairmont Royal York) An upscale restaurant that offers a luxurious dining experience with a focus on contemporary Canadian cuisine with an elegant and refined ambiance
- Stratus A chic restaurant located in the TD South Tower known for its modern Canadian cuisine and stunning views of downtown Toronto
- **TOCA** (inside The Ritz-Carlton) A refined dining experience with a modern touch, offering a menu of fresh,

Lunch

ALL RESTAURANTS ARE ALSO OPEN FOR DINNER

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FOOD FACT Poutine is a beloved Canadian dish that consists of crispy fries topped with cheese curds and smothered in rich, savoury gravy. Originating from Quebec, this comfort food has become an iconic part of Canadian cuisine, enjoyed across the country.

- Aera A 38th floor restaurant housing a luxurious cocktail bar, an impressive
- Aria A sophisticated dining experience with an extensive lunch and dinner menu complemented by a curated selection of exquisite Italian wines
- Chase A hot spot with stunning panoramic views of Toronto's skyline alongside contemporary dishes that highlight local and seasonal ingredients
- Jump A vibrant restaurant serving modern American cuisine with a focus on fresh seafood and grilled meats
- Leña Imaginative yet rooted in tradition, Leña's cuisine showcases the vibrant essence of South American cooking, with unique Spanish and Italian influences
- Miku spacious patio
- Minami Sister restaurant to Miku, delivering innovative Japanese tapas, tasting
- Modus cuisine in a fine dining setting

Dinner

*RESTAURANTS ARE ALSO OPEN FOR LUNCH

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1 14 16 2 8 13 17 3 2 6 12 15 10 4 7

FACT Hawaiian pizza, a polarizing yet popular dish, features a unique combination of savoury ham and sweet pineapple on a traditional pizza crust with tomato sauce and melted cheese. Despite its name, this pizza was actually created in Canada and has sparked global debate over the pairing of fruit with savoury toppings.

- Alo A top choice for a refined dining experience, featuring a menu that blends French classics with modern flair
- Black and Blue* A high-end steakhouse renowned for its premium cuts of meat, extensive wine list and elegant, contemporary ambiance
- **Byblos** A menu inspired by the cuisines of Lebanon, Türkiye and beyond in a luxe two-storey setting
- Bymark*
- **Boehmer** For a taste of Toronto's vibrant nightlife and eclectic dining scene, stroll down the Ossington Strip. This trendy neighbourhood is packed with chic bars, artisan eateries, and unique boutiques. A great example is the long-standing Boehmer restaurant that offers a Spanish and German inspired menu.



- Canoe* Perched atop the TD Bank Tower, providing a breathtaking view of Toronto's skyline paired with a menu that celebrates Canadian cuisine
- Chotto Matte* Combining Japanese and Peruvian influences to create a unique Nikkei dining experience

- Daphne*
 A stunning new restaurant in the Financial District offering a modern

 American menu
- Don Alfonso 1890

 An upscale Italian restaurant, located at the top of the Westin Harbour Castle, delivering impeccable service and stunning views of Lake Ontario
- **EPOCH Bar and Kitchen Terrace***A verdant park-side kitchen terrace and patio within The Ritz-Carlton
- Giulietta
 College Street offers some excellent dining options just outside the downtown core. Giulietta is one of them, providing a chic and intimate dining experience with a menu that beautifully blends Italian and contemporary flavours.



A sophisticated Japanese restaurant in Toronto's Financial District, celebrated for its sushi and sashimi as well as its extensive sake list

An opulent restaurant and bar known for its contemporary Canadian cuisine and extensive selection of spirits and cocktails

MARKED

A restaurant known for its creative dishes that blend South American flavours with local ingredients in a vibrant atmosphere

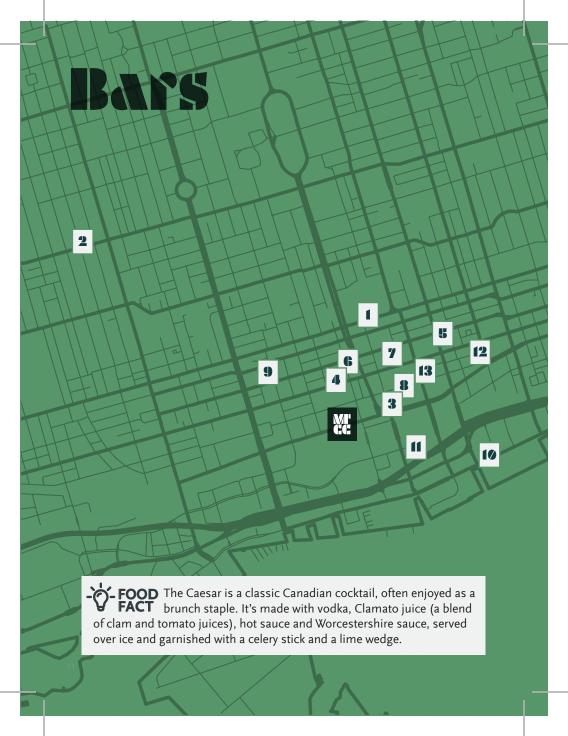
- 15 Nobu
- Canada's first restaurant from the iconic Nobu Hospitality Group, perfect for savouring expertly crafted sushi and inventive dishes
- Planta Queen*
 A fresh and inventive approach to plant-based cuisine with a focus on sustainability and flavour
- Petros82

 An airy, contemporary restaurant, capturing the essence of modern Mediterranean dining

Distillery District & Yorkville

- Cluny*
 A French-inspired menu in a stunning brasserie setting, known for its classic dishes and artisanal breads baked on-site
- Café Boulud*
 Renowned for its French cuisine with a contemporary twist and crafted under the guidance of the celebrated Chef Daniel Boulud
- Sassafraz*

 Nestled in the heart of Yorkville, a Toronto landmark known for its upscale Canadian cuisine and stylish ambiance



- 43 Down (inside the Sheraton Centre)
 A hot spot that comes to life at night, known for its artisan cocktails and eclectic menu
- Bar Raval
 With Gaudi-esque wood panels and a distinctive Barcelona-inspired atmosphere, a hidden gem for cocktail enthusiasts
- Clockwork

 A bustling, easy-going, lobby lounge at The Fairmont Royal York, serving bubbles, creative cocktails and small plates
- Coffee Oysters Champagne
 A swanky pink-and-gold-hued restaurant and cocktail bar with a wide variety of oysters and the largest champagne selection in Canada
- Craft Beer Market
 Home to 160 beers on tap, comfort-food cuisine and daily happy-hour, with something for every zythophile
- Elephant & Castle
 Serving up traditional British pub fare in a welcoming, relaxed environment between the Financial and Entertainment Districts
- Wing Taps
 Offering a vibrant atmosphere, an extensive craft beer selection and a gastro-pub menu, a top pick for after-work drinks

Library Bar

The Library Bar at The Fairmont Royal York exudes classic elegance, offering a stylish setting for cocktails and light bites. With its rich wood paneling and cozy atmosphere, it truly feels like a luxurious retreat in an actual library.



Liquid Courage

For an authentic speakeasy experience, head to Liquid Courage. This hidden bar features a menu of expertly crafted cocktails and a chic, vintage-inspired setting.



NBA Courtside

An ideal venue for enjoying NBA games and cheering on the Raptors with an impressive collection of basketball memorabilia

Real Sports

Combines a high-energy sports bar experience with a diverse menu of American favourites and a 39' big screen, ideal for cheering for the Maple Leafs

Reservoir Lounge

This captivating retro speakeasy blends nostalgia with live jazz music and showcases both legendary artists and emerging talent all while serving superb martinis.



3 Walrus

A popular after-work watering hole featuring an elevated pub-style atmosphere with a diverse menu of classic comfort foods and local beers

*MULTIPLE LOCATIONS AVAILABLE

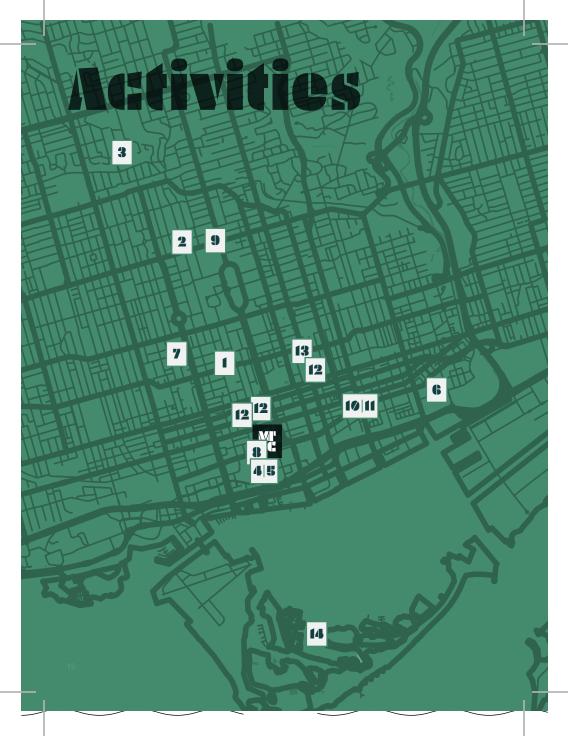
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FOOD A Double-Double is a popular coffee order from Tim Hortons, consisting of two sugars and two creams in a cup of coffee.

While Starbucks and Tim Hortons are readily available on every corner, here are a few of our favourite independent coffee shops:

Balzac Forno* Neo Coffee Bar*

Dineen* Maman



Art Gallery of Ontario

Housing a vast collection of artworks spanning centuries and continents with pieces by renowned artists such as the Group of Seven, Henry Moore and works from European masters

Bata Shoe Museum

Dive into the fascinating world of footwear at the Bata Shoe Museum. This one-of-a-kind museum features an extensive collection of shoes from around the world and across history, providing a unique and insightful look into cultural and fashion trends over the ages.



Managing Partner, People and Talent

Casa Loma

Toronto's only castle, transporting visitors to a bygone era with its majestic architecture and lush gardens

CN Tower

An iconic symbol of Toronto, offering breathtaking panoramic views from its observation decks and glass floor—if you dare!

EdgeWalk

For an unforgettable thrill, try the EdgeWalk at the CN Tower. This adrenaline-pumping adventure lets you walk hands-free around the outside, dangling 1168 feet above the ground, providing unparalleled views of Toronto and beyond.



- Distillery District
- A pedestrian-only village known for its Victorian-era industrial architecture, artisan shops, galleries, bars and restaurants
- Kensington Market

 A vibrant and eclectic neighbourhood famous for its bohemian vibe, indie shops, vintage boutiques, multicultural eateries and street art
- Ripley's Aquarium of Canada

 A delight to visitors with interactive exhibits showcasing diverse marine life and a mesmerizing underwater tunnel
- Royal Ontario Museum

 Canada's largest museum of world cultures and natural history, featuring the leading gallery on the Dawn of Life, along with outstanding exhibits on dinosaurs, Chinese art, meteorites, geology and Canadian Indigenous culture
- St. Lawrence Market
 A food lover's paradise, offering fresh produce, gourmet specialties and diverse international cuisines in a bustling market atmosphere
- Peameal Bacon Sandwich at Carousel Bakery
 A visit to the St. Lawrence Market wouldn't be
 complete without trying the iconic peameal bacon sandwich.
 Head to Carousel Bakery inside the market for a delicious,
 savoury treat that's been a local favourite for years.



Theatres:

Elgin & Winter Garden, Royal Alexandra and Princess of Wales

Hosting world-class performances ranging from Broadway hits to local productions in beautifully restored venues

Toronto Eaton Centre

A bustling shopping destination in the heart of downtown Toronto, featuring over 250 stores, including major retailers and upscale boutiques

Toronto Islands

Full of beaches, parklands and bike paths, reachable by boat from Jack Layton Ferry Terminal or water taxi along the Harbourfront



- Cherry Beach
- Woodbine Beach Park
- Humber Bay
 Butterfly Habitat

- 2 Trillium Park
- Don Valley
 Brickworks Park
- 6 Bluffer's Park

Further Afield

10

FOOD Canada is the world's largest icewine producer. This distinctive dessert wine is made from grapes that have frozen while on the vine. It is available in both red and white varieties.

Blue Mountain

A popular ski resort town located near Collingwood, Ontario

In addition to winter sports, it offers activities year-round such as hiking, mountain biking, and golfing. The area is known for its picturesque landscapes and the Blue Mountain Village, a hub for shopping, dining and entertainment. If you want to get away for a couple of nights we recommend staying at the The Westin Trillium House hotel.

Millcroft Inn & Spa

Millcroft Inn & Spa offers a tranquil experience with outdoor hot and cold pools, saunas and a serene natural setting. It's the perfect place to relax and recharge after the IBA conference that is only one hour away from Toronto.



Senior Manager, International Business Development

Langdon Hall Country House Hotel & Spa

Just outside Toronto, offering a luxurious escape with elegant rooms, a world-class spa and fine dining

Set on 75 acres of gardens and woodlands, it provides a tranquil retreat with top-notch service, beautiful surroundings and a restaurant ranked Best Destination Restaurant in 2024 by Canada's 100 Best.

Muskoka

Often referred to as "cottage country," a scenic region in Ontario known for its abundant lakes, forests and rugged beauty

It's a popular retreat for outdoor enthusiasts, offering opportunities for boating, fishing, hiking and enjoying nature. JW Marriott The Rosseau Muskoka Resort & Spa is a great resort hotel from which to explore the area.

Niagara Falls

A world-renowned natural wonder straddling the border between Canada and the United States

It consists of three majestic waterfalls—Horseshoe Falls, American Falls and Bridal Veil Falls—with the Canadian side offering stunning views and various attractions like seasonal boat tours, casinos and parks.

Niagara Wine Region

Just a short drive from Toronto, the Niagara wine region is a picturesque retreat featuring rolling vineyards and award-winning wines. It's an ideal spot for a leisurely day trip, offering scenic tours and tastings that showcase the best of Ontario's wine country.



Vice Chair & Calgary Managing Partner

Niagara-on-the-Lake

A picturesque town situated where the Niagara River meets Lake Ontario
The area is renowned for its well-preserved 19th-century architecture and scenic vineyards.
There are lots of hotel options to choose from including Pillar and Post Inn & Spa,
Harbour House Hotel and Prince of Wales Hotel.

Port Perry

A charming lakeside town in Ontario known for its historic downtown and scenic views of Lake Scugog

A visit isn't complete without stopping at The Pantry Shelf for afternoon tea, where you can enjoy freshly baked treats in a cozy, inviting atmosphere.

Prince Edward County

Located on the shores of Lake Ontario, a rural gem known for its picturesque landscapes and sandy beaches

This region is also famous for their local wineries and artisanal food scene. The 13-room Drake Devonshire is a great base to explore the area.

Thermëa Spa Village

A wellness haven located just outside of the city centre

The spa features a thermal experience with a wide array of wellness installations including saunas, baths and rest areas, as well as a selection of restaurants.

Getting Around

UP Express

For a quick and efficient journey between Pearson International Airport and downtown Toronto, consider taking the UP Express train. Trains run every 15 minutes from Pearson Airport Terminal 1 and take approximately 25 minutes to reach Union Station in downtown Toronto. You can pay for the ride by tapping your credit card.

Ride-Sharing Services

Uber and Lyft are widely available and convenient for getting around the city. Simply use their respective apps to request a ride.

Taxis

Taxis can be hailed on the street, by your hotel or ordered in advance. Common taxi companies include Beck, Co-op, Diamond and Crown, among others.

Car Services

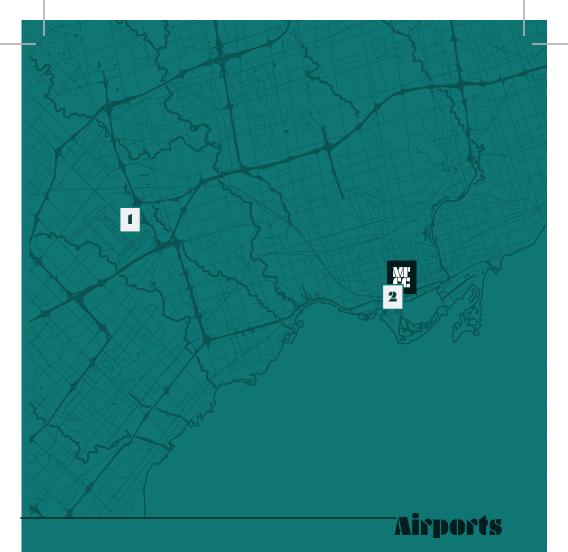
For a private and pre-arranged option, consider reputable car services such as Cullitons, Black Car Limo or Aeroport Taxi & Limousine Service.

Public Transit

Toronto's public transit system, operated by the Toronto Transit Commission (TTC), includes buses, streetcars and subways, providing extensive coverage throughout the city. Purchase tokens, tickets or a Presto card for convenient access. You can also pay by tapping your credit card.

Walking and Cycling

Downtown Toronto is pedestrian-friendly, with many attractions within walking distance. Rental programs like Bike Share Toronto offer a convenient way to explore the city on two wheels.



Toronto Pearson Airport (YYZ)

Main hub for international and domestic flights

Toronto City Billy Bishop Airport (YTZ)

Conveniently situated in the heart of the city, offering primarily domestic and Northern U.S. flights

See You Soon!

We are looking forward to welcoming you to Toronto next year! Our incredibly diverse city is full of life and at the heart of business and law in Canada. I first moved to Toronto when I joined Bennett Jones in 2007 and this international city quickly became home. We always revel in showing Toronto off to the world and eagerly await the opportunity to host you at the 2025 IBA Conference.



Toronto Managing Partner

IBA TORONTONovember 2-7, 2025

If you have any questions feel free to contact us at iba@bennettjones.com



Bennett Jones

